

STARTERS | MAR THÚS

CHEF'S SOUP OF THE DAY 6.95

homemade Guinness bread
1b.1o.1w.3.8.9 V VG GF available

COD & SALMON FISHCAKE 10.50

panko & coconut coated,
braised fennel,
smoked paprika deep 1w.2.3.4.7.8c.14

ATLANTIC SEAFOOD CHOWDER 10.25

homemade Guinness bread
1b.1o.1w.2.3.4.7.8.9.12.14 GF available

CONNACHT CRISPY CHICKEN WINGS

SMALL 10.95 | LARGE 16.50
homemade BBQ sauce, celery,
blue cheese dip 1w.3.7.9.12

CASHEW NUTS & CHICKPEAS HUMMUS 9.95

spicy rose sauce, carrot and cucumber pickles,
toasted sourdough, rocket 1w.3.7.8c V

SALADS AND SANDWICHES | SALEÍD AGUS CEAPAIRÍ

ADD SOUP OR CHIPS 3.75 | BOWL OF CHOWDER 4.75

CONNACHT SIGNATURE

HAM & CHEESE SANDWICH 9.95

home baked ham, mature cheddar, mayonnaise,
toasted white sourdough bloomer, side of coleslaw 1w.3.7.10

ROAST TURKEY SANDWICH 9.95

apricot & raisin stuffing, cranberry & mayonnaise
sauce, rocket, Bretzel multi seed bread
1w.3.7

SLOW COOK PORK BRIOCHE 10.50

BBQ sauce, fresh apple sauce, mayonnaise,
sautéed onions, rocket, hot dog brioche bread
1w.3.6.7.12

OPEN ATLANTIC PRAWN SANDWICH 10.50

homemade Guinness bread, Marie Rose sauce,
apple, celery & fennel slaw, roasted sesame
seeds, fresh rocket 1b.1o.1w.2.3.8.9

CHICKEN CAESAR SALAD 15.95

crispy bacon, homemade croutons, black olives,
cos lettuce, Caesar dressing, parmesan shavings
1w.3.7.10 GF available

BURRATA & COPPA HAM SALAD 14.95

homemade sundried tomatoes, burrata cheese,
poached pear, roasted cashew nuts, seasonal
leaves, pesto & maple dressing 7.8c GF

AVOCADO & POMEGRANATE SALAD 13.95

roast butternut squash, roasted pecan nuts,
grapefruit, lemon & mint dressing 8 GF V VG

MAIN COURSES | PRÍOMHCURSAÍ

HOMEMADE 8OZ BEEF BURGER 17.75

sautéed onion, beef tomato, homemade burger
sauce, melted Applewood cheese,
glazed brioche bun, chips
1w.3.7.10 GF available

CLASSIC FISH & CHIPS 17.95

light battered cod, tartar sauce,
homemade pea & mint puree
1w.3.4.7

CHICKEN TANDOORI SKEWERS 17.25

cumin Jeena rice, cucumber & mint Raita dip
roast vegetables 7 GF

ROAST OF THE DAY SPECIAL 17.25

please ask your server

BUTTERNUT SQUASH RIGATONI PASTA 15.25

sautéed wild mushrooms, sun blushed tomato,
basil butter, fresh parmesan 1w.7.12 V
ADD CHICKEN 3.00

HOMEMADE BOMBAY CURRY 15.25

roasted vegetables, basmati rice, poppadum
1w.9.10 V, GF available
ADD CHICKEN 3.00

LAMB SEEKH KEBAB 17.25

roast vegetables, lemon, garlic & yogurt sauce,
almond & raisin couscous 1w.7.8a GF available

CATCH OF THE DAY SPECIAL 18.25

please ask your server

SIDES | AR AN TAOBH 4.75

- CHIPS 1w GF available
- SIDE SALAD 10 GF
- SWEET POTATO FRIES 1w GF available
- CREAMED POTATO 7 GF
- ONION RINGS 1w.3.7
- GARLIC BREAD 1w.7
- STEAMED SEASONAL VEGETABLES 7 GF

ALLERGENS: 1b Gluten-Barley, 1o Gluten-Oats, 1r Gluten-Rye, 1w Gluten-Wheat, 2 Crustacean, 3 Egg, 4 Fish, 5 Peanut, 6 Soybean, 7 Dairy 8a Nuts-Almonds, 8c Nuts-Cashew, 8h Hazlenuts, 8p Pine Kernels, 9 Celery, 10 Mustard, 11 Sesame seeds, 12 Sulphur, 13 Lupin, 14 Molluscs V vegetarian, VG vegan, GF gluten free

Please advise on your allergen requirements and we'll do our best to accommodate your request.
Nuts, shellfish, gluten and dairy are used in our kitchen so we cannot guarantee 100% risk free environment.

For each
order of a
Caesar salad,
€1 will be donated
to our chosen charity.



NATIONAL BREAST CANCER
RESEARCH INSTITUTE