

SOUP/ ANRAITH

Soup of the Day 1o.1w.7.8.9 €5.25

Freshly made today.

Served with our homemade Guinness bread.

Wild Atlantic Chowder 1o.1w.2.4.7.9.10.14 €7.50

A blend of fresh, locally sourced fish.

Served with our homemade Guinness bread.

French Onion Soup 1w.7 €6.50

Served with garlic croutons and melted Emmental cheese.

**Homemade Guinness Bread
and Butter Selection** 1o.1w.7.8 €7.50

Guinness brown bread served with our 3 butters:

roast garlic butter, basil butter, sun blush tomato butter.

SANDWICHES / CEAPAIRÍ

The Ploughman €8.00

1w.7.8.10.12

Homemade glazed ham
and mature cheddar
served with tomato relish in a
sourdough bread.

Asian Beef Wrap €8.50

1w.6.7.11

Marinated beef and guacamole
wrap, served with homemade
coriander yogurt
and sautéed peppers.

BLT €7.50

1w.3.7.10

Crisp streaky bacon, grilled tomato
with lettuce on a toasted rustic
seeded bread.

Teriyaki Salmon Wrap €8.50

1w.2.3.4.6.7.8

rocket, cucumber and Cajun
mayonnaise.

Wild Mushroom Crostini €8.00  1w.7.10

Wild mushroom and crème fraiche on toasted
sourdough bread, baby leaves.

Add Soup...€3.00 Add Chips...€3.00

ALLERGENS:

1b Gluten-Barley, 1o Gluten-Oats, 1r Gluten-Rye, 1w Gluten-Wheat, 2 Crustacean, 3 Egg,
4 Fish, 5 Peanut, 6 Soybean, 7 Dairy, 8a Nuts-Almonds, 8c Nuts-Cashew, 9 Celery,
10 Mustard, 11 Sesame seeds, 12 Sulphur, 13 Lupin, 14 Molluscs.



SALADS / SAILÉID

The Caesar **1w.3.4.5.7.8.10**

Chicken Caesar salad, crispy bacon, homemade croutons, black olives, cos lettuce and a creamy Caesar dressing.

Starter: €8.50 Main: €13.00

Chicken Satay Skewer **5,6,7**

in a chili and peanut sauce, served with seasonal leaves

Starter: €8.50

Spicy Beef Salad **2.6.7.9.10.11**

Spicy beef and roast root vegetables salad, served with a sesame dressing.

Starter: €9.00 Main: €14.00

Beetroot and Goat's Cheese Salad **7.8.9.10.12**

Roasted beetroot with Goat's cheese and walnut, with a balsamic dressing.

Starter: €8.50 Main: €13.00

SIDES / AR AN TAOBH

Garlic Bread
1w.1r.6.7.11 €2.50

Chips **1w** €3.00

Potato Wedges **1w** €3.00

Onion Rings **1w.3.7** €3.00

Sweet Potato Fries **1w** €3.00

Mash **7** €3.00

Seasonal Veg **7** €3.00

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MAIN COURSES / PRÍOMHCHÚRSAÍ

Roast of the day 7.9

€13.00

Please check with your server for today's freshly prepared roast.

Catch of the day 1w.2.4.7.14

€13.00

We use only the freshest locally sourced seafood as our catch of the day. Please check with your server for today's choice.

The Connacht Burger 1w.7.8.10

€13.50

Grilled 8 oz burger, served in a floury bap, our signature sauce, lettuce, crispy bacon, melted mature cheddar, served with chips.

The Manhattan Chicken Burger 1w.3.7.9.10

€13.50

Breaded chicken, crispy lettuce, beef tomato, chipotle mayonnaise, chips.

Confit of Duck 7.9.12

€14.00

Homemade duck leg confit, braised red cabbage, apple, cream potato, honey and thyme gravy.

Beer-battered Fish and Chips 1w.2.4.7.9.10.14

€13.00

Galway Gold beer-battered Hake, with homemade tartar sauce and mushy peas, served with chips.

Wild Atlantic Fish Pie 1w.2.3.4.7.9.10.14

€13.00

Atlantic fish and smoked salmon pie, cream potato, served with side salad.

Connemara Stew 7.9

€13.00

Traditional Connemara Lamb stew, seasonal vegetables and cream potato.

Vegetarian Pasta 7.8a

€12.00

Penne pasta, cauliflower, cream and parmesan sauce, flaked almonds.

Add chicken €2

The Curry 1w.4.6

€12.00

Asian street noodles in a mild curry and coconut sauce.

Add Chicken €2

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DESSERTS / MILSEOGA

Sticky Toffee Pudding **1w.3.7.8**

Sticky toffee pudding, toffee sauce, vanilla ice cream.

Apple Pie **1w.3.7.8**

Apple pie, fresh cream and ice cream.

Homemade Chocolate Brownie **1w.3.7.8**

Brownies, chocolate sauce.

Ice Cream Basket **1w.3.7.8**

Connacht selection of ice cream in a wafer basket with chocolate sauce.

All Desserts €6.00

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THE HOT DRINKS / NA DEOCHANNA TE

Americano	€2.40
Latte.....	€2.80
Cappuccino	€2.80
Mocha	€2.80
Hot Chocolate.....	€3.00
Tea	€2.20

Full drink and wine list available.
Please ask your server.

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