

## SOUP/ ANRAITH

**Soup of the Day** 1o.1w.7.8.9 €5.25

Freshly made today.

Served with our homemade Guinness bread.

**Wild Atlantic Chowder** 1o.1w.2.4.7.9.10.14 €7.50

A blend of fresh, locally sourced fish.

Served with our homemade Guinness bread.

**French Onion Soup** 1w.7 €6.50

Served with garlic croutons and melted Emmental cheese.

**Homemade Guinness Bread** 1o.1w.4.7.12 €7.50

served with selection of black olive tapenade, sun dried tomato paste and hummus.

## SANDWICHES / CEAPAIRÍ

**The Ploughman** €8.00

1w.7.8.10.12

Homemade glazed ham and mature cheddar served with tomato relish in a sourdough bread.

**BLT** €8.00

1w.3.7.10

Crispy streaky bacon, grilled tomato, mayonnaise with lettuce on a toasted rustic seeded bread.

**Asian Beef Wrap** €9.00

1w.6.7.11

Marinated beef and guacamole wrap, served with homemade coriander yogurt and sautéed peppers.

**Teriyaki Salmon Wrap** €9.00

1w.2.3.4.6.7.8

rocket, cucumber and Cajun mayonnaise.

**Wild Mushroom Crostini** €8.00  1w.7.10

Wild mushroom and crème fraiche on toasted sourdough bread with baby leaves.

Add Soup...€3.00 Add Chips...€3.00

### ALLERGENS:

1b Gluten-Barley, 1o Gluten-Oats, 1r Gluten-Rye, 1w Gluten-Wheat, 2 Crustacean, 3 Egg, 4 Fish, 5 Peanut, 6 Soybean, 7 Dairy, 8a Nuts-Almonds, 8c Nuts-Cashew, 9 Celery, 10 Mustard, 11 Sesame seeds, 12 Sulphur, 13 Lupin, 14 Molluscs.



## SALADS / SAILÉID

### The Caesar 1w.3.4.5.7.8.10

Chicken Caesar salad, crispy bacon, homemade croutons, black olives, cos lettuce and a creamy Caesar dressing.

**Starter: €8.50 Main: €13.00**

### Chicken Satay Skewer 5,6,7

in a chilli and peanut sauce, served with seasonal leaves

**Starter: €8.50**

### Spicy Beef Salad 2.6.7.9.10.11

Spicy beef and roasted root vegetable salad, served with a sesame dressing.

**Starter: €9.00 Main: €14.00**

### Beetroot and Goat's Cheese Salad 7.8.9.10.12

Roasted beetroot with Goat's cheese and walnuts, with a balsamic dressing.

**Starter: €8.50 Main: €13.00**

## SIDES / AR AN TAOBH

### Garlic Bread

1w.1r.6.7.11.....€2.50

Chips 1w .....€3.00

Potato Wedges 1w.....€3.00

Onion Rings 1w.3.7.....€3.00

Sweet Potato Fries 1w.....€3.00



Mash 7 .....€3.00

Seasonal Veg 7 .....€3.00

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10 Mustard, 11 Sesame seeds, 12 Sulphur, 13 Lupin, 14 Molluscs.

## MAIN COURSES / PRÍOMHCÚRSAÍ

- Roast of the day** 1w.3.6.7.9.10 €13.00  
Please check with your server for today's freshly prepared roast.
- Catch of the day** 1w.2.4.7.14 €13.00  
We use only the freshest locally sourced seafood as our catch of the day. Please check with your server for today's choice.
- The Connacht Burger** 1w.7.8.10 €13.50  
Grilled 8 oz steak burger, served in a floury bap with our signature sauce, lettuce, crispy bacon, melted mature cheddar, served with chips.
- The Manhattan Chicken Burger** 1w.3.6.7. 8a.8h.9.10.11.13 €13.50  
Breaded chicken, crispy lettuce, beef tomato, chipotle mayonnaise and chips.
- Confit of Duck** 7.9.12 €14.00  
Homemade confit of duck leg, braised red cabbage, apple, cream potato, honey and thyme gravy.
- Beer-battered Fish and Chips** 1w.2.4.7.9.10.14 €13.00  
Galway Gold beer-battered Hake, with homemade tartar sauce and mushy peas, served with chips.
- Wild Atlantic Fish Pie** 1w.2.3.4.7.9.10.14 €13.00  
Atlantic fish and smoked salmon pie, cream potato, served with side salad.
- Connemara Stew** 7.9 €13.00  
Traditional Connemara Lamb stew, seasonal vegetables and cream potato.
- Vegetarian Pasta**  1w.7.8a €12.00  
Penne pasta, cauliflower, cream and parmesan sauce, flaked almonds.  
**Add chicken €2**
- Asian Noodle Curry**  1w.4.6 €12.00  
Asian street noodles in a mild curry and coconut sauce.  
**Add Chicken €2**

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THE  
**CONNACHT**  
HOTEL GALWAY  
**PIZZAS / PÍOTSAÍ**

9"

**Margherita** 1w.7.8.9

tomato & basil sauce and mozzarella

€9.95

12"

**Pepperoni** 1w.7.8.9

diced red onion, pepperoni and mozzarella

€11.00

€13.00

**The Godfather** 1w.7.8.9

bacon, spicy beef, chicken, pepperoni and mozzarella

€11.50

€14.50

**Hawaiian Classic** 1w.7.8.9

tomato & basil sauce, chicken, ham and pineapple

€11.50

€14.50

**Mediterranean** 1w.7.8.9

tomato & basil sauce, ratatouille, black olive and rocket leaves

€11.50

€14.50

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**DESSERTS / MILSEOGA**

**Sticky Toffee Pudding** 1w.3.7.8

Sticky toffee pudding, toffee sauce, vanilla ice cream.

**Apple Pie** 1w.3.7.8

Apple pie, fresh cream and ice cream.

**Homemade Chocolate Brownie** 1w.3.7.8

Brownies, chocolate sauce.

**Ice Cream Basket** 1w.3.7.8

Connacht selection of ice cream in a wafer basket with chocolate sauce.

**All Desserts €6.00**

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