

STARTERS | MAR THÚS

CHEF'S SOUP OF THE DAY 6.50
homemade Guinness bread
1b.1o.1w.3.7.8.9 

ATLANTIC SEAFOOD CHOWDER 9.50
homemade Guinness bread
1b.1o.1w.2.3.4.7.8.9.12.14

CONNACHT CRISPY CHICKEN WINGS
SMALL 10.00 | LARGE 15.00
homemade BBQ sauce, celery,
blue cheese dip 1w.7.9.12

TOMATO BRUSCHETTA 9.00
vine tomato, red onions & fresh oregano bruschetta
on toasted sourdough, balsamic glaze,
rocket, lemon dressing 1w.3.12 

SALADS AND SANDWICHES | SALEÍD AGUS CEAPAIRÍ

ADD SOUP OR CHIPS 3.50 | BOWL OF CHOWDER 4.50

HOME BAKED HAM & CHEESE ON RUSTIC BAGUETTE 9.00
grilled gammon, mature cheddar, Dijon mayonnaise, coleslaw
1r.1w.3.6.7.10.11

BUFFALO CHICKEN WRAP 9.00
grilled chicken marinated in paprika & hot sauce,
crispy lettuce, grated carrot, cheddar cheese
1b.1w.3.6.7.9.10

CHICKEN CAESAR SALAD 13.50
crispy bacon, homemade croutons, black olives,
cos lettuce, Caesar dressing, parmesan shavings
1w.3.7.10 - gluten free available

OPEN SALMON SANDWICH 10.50
cream cheese, dill & roasted sesame seed mayonnaise,
toasted sourdough bread, vine tomato salsa
1b.1w.3.6.7.9.10

WARM GOATS CHEESE SALAD 13.50
crispy lardon, maple syrup coated walnuts,
crispy baguette croutons, port dressing
1w.7.8w.12

FLASH STEAK SANDWICH 16.50
roasted onions, grilled mushrooms, rocket,
tomato relish & mayonnaise, toasted focaccia, chips
1r.1w.3.6.7

ITALIAN SALAD 12.00
carrot shavings, cucumber pickles, sweet bell pepper,
grilled marinated tofu, red wine vinegar dressing
6.10.12  

MAIN COURSES | PRÍOMHCHURSAÍ

HOMEMADE 8OZ BEEF BURGER 16.00
iceberg lettuce, beef tomato, candy bacon,
melted applewood cheese, tomato relish & mayonnaise,
toasted brioche, chips
1w.3.7.11.12 **GLUTEN FREE AVAILABLE**

PASTA POMODORO 13.50
tagliatelle pasta, roasted Mediterranean vegetables,
pomodoro tomato sauce
1w.3.9.12 
ADD CHICKEN 3.00

CLASSIC FISH & CHIPS 16.00
light battered cod, tartar sauce,
homemade pea & mint puree
1w.3.4.7

LIME & CHILI CHICKEN BURGER 16.00
pineapple, tomato & yellow peppers salsa, chili
mayonnaise sauce, crispy iceberg lettuce, toasted brioche
1w.3.7

HOMEMADE BOMBAY CURRY 13.50
roasted vegetables, basmati rice, poppadum
1w.9.10   **GLUTEN FREE AVAILABLE**
ADD CHICKEN 3.00

SEAFOOD STEW 17.00
salmon, cod, prawns, mussels, rich tomato & oregano
sauce, sautéed Risoni, spring onions, garlic butter
1w.2.4.7.9.12.14

CATCH OF THE DAY SPECIAL 16.50
Please ask your server

ROAST OF THE DAY SPECIAL 15.50
Please ask your server

SIDES | AR AN TAOBH 4.50

Make-A-Wish

INVISIBLE FRIES 2.50
INVISIBLE DIP 1.00

- CHIPS 1w • SIDE SALAD 10  • SWEET POTATO FRIES 1w • CREAMED POTATO 7 
- ONION RINGS 1w.3.7 • GARLIC BREAD 1w.7 • STEAMED SEASONAL VEGETABLES 7 




DESSERTS | MILSEOGA

APPLE PIE 7.00
caramel sauce, vanilla ice cream, fresh cream
1w.3.6.7

SELECTION OF GLENOWN ICE CREAM 7.00
wafer, chocolate sauce, cream
1w.3.6.7 **gluten free available**

NUTELLA BROWNIE 7.00
chocolate sauce, vanilla ice cream
3.6.7.8a.8h 

MANGO CHEESECAKE 7.00
chocolate sauce, fresh cream
3.6.7.8a 

ALLERGENS: 1b Gluten-Barley, 1o Gluten-Oats, 1r Gluten-Rye, 1w Gluten-Wheat, 2 Crustacean, 3 Egg,
4 Fish, 5 Peanut, 6 Soybean, 7 Dairy 8a Nuts-Almonds, 8c Nuts-Cashew, 9 Celery,
10 Mustard, 11 Sesame seeds, 12 Sulphur, 13 Lupin, 14 Molluscs  vegetarian,  vegan,  gluten free

Make-A-Wish

is a chosen charity for
Connacht Hospitality Group's
Fundraising in 2022.

100% of proceeds raised through
invisible fries, dips & cookies
will go direct to
Make A Wish Foundation.