

STARTERS | MAR THÚS

CHEF'S SOUP OF THE DAY 6.95

homemade Guinness bread
1b.1o.1w.3.7.8.9 V GF available

ATLANTIC SEAFOOD CHOWDER 10.25

homemade Guinness bread
1b.1o.1w.2.3.4.7.8.9.12.14 GF available

GALWAY BAY FISH CAKE 10.50

chilli & spring onions, panko coated,
curry & coriander mayonnaise 1w.2.3.4.7.10

WILD MUSHROOM & SPINACH TARTINE 9.95

shaved parmesan, toasted sourdough,
rocket, crushed grilled pecan nuts,
maple syrup, balsamic dressing 1w.3.7.8p

CONNACHT CRISPY CHICKEN WINGS

SMALL 10.95 | LARGE 16.50

homemade BBQ sauce, celery,
blue cheese dip 1w.3.7.9.12

SALADS AND SANDWICHES | SALEÍD AGUS CEAPAIRÍ

ADD SOUP OR CHIPS 3.75 | BOWL OF CHOWDER 4.75

CONNACHT SIGNATURE

HAM & CHEESE SANDWICH 9.95

Home baked ham, mature cheddar, onion marmalade, mayonnaise,
toasted white sourdough bloomer, side of coleslaw 1w.3.7.10

SPICY PULLED BEEF ON

SPIANATA BREAD 11.95

pepper fondue, rocket,
melted mozzarella, bacon mayonnaise,
toasted Spianata bread 1w.3.7

SHREDDED ROAST CHICKEN CIABATTA 9.95

wholegrain mayonnaise, apricot stuffing, ciabatta
bread, cucumber pickles 1w.3.6.7.9.10.12

OPEN SMOKED MACKEREL SANDWICH 10.50

sesame, lemon & dill cream cheese,
toasted sourdough bread, shallots & apple salad,
citrus & tarragon vinaigrette 1b.1w.3.6.7.9.11

CHICKEN CAESAR SALAD 15.95

crispy bacon, homemade croutons, black olives,
cos lettuce, Caesar dressing,
parmesan shavings 1w.3.7.10 - GF available

BURRATA SALAD 14.95

burrata cheese, roasted pumpkin seeds, cherry
tomato, poached pear, mixed citrus, rocket,
walnut dressing 7.8.10 GF. V

FATTOUSH SALAD 13.00

tossed tomato, radish, red onion, cucumber,
pomegranate & lemon dressing, shredded kale,
beetroot hummus, tomato focaccia 1b.1w.6.10 VG

MAIN COURSES | PRÍOMHCHURSAÍ

HOMEMADE 8OZ BEEF BURGER 17.75

sautéed onion, tomato, lettuce, cheddar,
gherkins burger sauce, toasted brioche bun
1w.3.7 - GF available

CLASSIC FISH & CHIPS 17.95

light battered cod, tartar sauce,
homemade pea & mint puree
1w.3.4.7

CHICKEN SCHNITZEL 17.95

roast potatoes, spinach,
celeriac slow, mustard sauce
1w.3.7.10.12

CATCH OF THE DAY SPECIAL 18.25

please ask your server

SAUTÉED CHANTERELLE MUSHROOM 15.25

burrata creamy sauce, broccolini,
rigatoni pasta, flat parsley
1w.3.7.9.12 V

ADD CHICKEN 3.00

HOMEMADE BOMBAY CURRY 15.25

roasted vegetables, basmati rice, poppadum
1w.9.10 V - GF available

ADD CHICKEN 3.00

GRILLED FILLET OF PLAICE 18.25

cafe de Paris butter, butter beans & chorizo
casserole, side of savoury rice
2.4.7.12.14 GF

ROAST OF THE DAY SPECIAL 17.25

please ask your server

SIDES | AR AN TAOBH 4.75

- CHIPS 1w • SIDE SALAD 10 GF • SWEET POTATO FRIES 1w • CREAMED POTATO 7 GF
- ONION RINGS 1w.3.7 • GARLIC BREAD 1w.7 • STEAMED SEASONAL VEGETABLES 7 GF

ALLERGENS: 1b Gluten-Barley, 1o Gluten-Oats, 1r Gluten-Rye, 1w Gluten-Wheat, 2 Crustacean, 3 Egg,
4 Fish, 5 Peanut, 6 Soybean, 7 Dairy 8a Nuts-Almonds, 8c Nuts-Cashew, 9 Celery,
10 Mustard, 11 Sesame seeds, 12 Sulphur, 13 Lupin, 14 Molluscs V vegetarian, VG vegan, GF gluten free

Please advise on your allergen requirements and we'll do our best to accommodate your request.
Nuts, shellfish, gluten and dairy are used in our kitchen so we cannot guarantee 100% risk free environment.

For each
order of a
Caesar salad,
€1 will be donated
to our Group
chosen charity.

CRÍ

Fighting Heart Disease & Stroke